



PAINTINGS ON THE WALL
(EP)





Photo by Drk Room

'[Local Healers](#)', [Ty Healy](#) & [Nay Loco](#) reignited Nottingham's live music scene (pre-lockdown). With their raw 90's Hip-Hop style, lyrical consciousness and high energy, the vision is clear especially when you look at the unique visuals they create to go along with the music. As a duo, they did non-stop gigs from the top 2019 onwards whilst recording tons of music together. Covid restrictions may have slowed down the performances but it has not made the group any less Prolific; They have done countless collaborations with other artists, guest features on podcasts, tons of music videos, livestream performances & launched their website which frequently updates to show off everything they do.

www.localhealers.co.uk

After releasing their album [2 Shades Deep](#) and then [Sons Of Sakanoue](#) an EP produced by Nottingham Legend, DJ Fever, the Healers are now set to release their 3rd project this time alongside another local veteran, [Louis Cypher](#).



Photo by [Paul W Dixon](#)

Cypher is a legendary Emcee, known most for his work with Notts Hip-Hop group [1st Blood](#) (a music collective & live band headed by [Pete 1st blood](#) and also featuring Ty Healy and Liam Bailey, amongst many other artists from both Notts and across the globe) Cypher is also well known for his membership of 'The Punning Clan' and his many contributions as a Hip-Hop promoter in Nottingham over the years, running events such as Writers Bloc and Wax'n'Lyrical.

This new project 'Paintings On The Wall' is an ode to the Art community of whom the Government has essentially turned their back on. It serves as a middle finger to the campaign 'Rethink, Reskill, Reboot'; Instead, the boys are standing tall saying;

"This is what we do and we will find ways to do it regardless!"

The title 'Paintings On The Wall' came about when the newly formed crew decided to make songs that could leave a big bright splash on society to remind us all that art is just as important now than it ever was. It feels like the monotony that is the apparent lockdown of anything that makes life worth living would have us believe otherwise, so think of the protesters in the '60s who would shout "Fur is murder" then throw big cans of paint over the stuffy fashionistas that would wear it, that is this EP in every sense.

Cypher & The Healers ask "what happens when there's no paintings on the wall?" on the intro track; a question that metaphorically speaks to the bigger picture, (no pun) what happens when these restrictions and apparent new rules to human life become enforced to the point we lose a sense of individuality, identity, culture & self-worth? With the shutting

down of everything we enjoy, the idea of working to stay at home all the time is daunting so the EP is a reminder that there *is* more to life & we just have to make the effort to keep our mental health intact. The song 'Neva Left' is Energy ball of hope as the chorus boasts "Ayo I'm back up in this bitch like I never left!" This repetitive chant is a war cry and a premonition to when the things get better and we go out to social events. Look forward to 3 passionate MCs getting on the stage and getting everyone hyped to chant it back LOUDLY.

'Paintings On The Wall' deals with many emotions; specifically the ups and downs that we currently deal with, it's like looking at different paintings in a gallery and trying to make sense of what the creator was going through to make these pieces & how does that, in turn, make you feel...

While there's no one answer, what is for certain however is that art and culture are all thought-provoking and that process goes much smoother when your ears hear the freshest jazz-infused lo-fi instrumentals courtesy of Faux Sala. After the first song was made the Belgian based producer connected with the Notts lads and immediately saw the vision; the dreamy beats provide the perfect canvas for the rappers to spit their verbal graffiti all over them, hard drums, slick piano riffs & some screw your face up bass, what else do you need? It's Guaranteed head nods



Photo by [Paul W Dixon](#)

P.OT.W. produced by Belgian artist Faux Sala is being released via Record Label [‘I’m Not From London’](#) which is celebrating its 15 year anniversary or more specifically, their Hip-Hop

imprint, "[I'm Not From Brooklyn](#)" following up on their first debut collaborative release with 'Boom Bap Professionals' for Louis Cypher's EP "[Cypher Sore Eyes](#)".

RENAISSANCE
(Single)



Local Healers and Ty Healy referenced the Banksy artwork in their video for lead single "Renaissance" filmed and directed by local poet and music video director, [Michael Markham](#) at [Bentinck Studios](#) in Radford just minutes away from the aforementioned street art alongside many other Nottingham artists. The label put forth a crowd funder for the cause of

supporting art, already raising over £4000 it proves that the people do care and music, art, and culture are needed.



Photo by [Paul W Dixon](#)

For me 'Paintings on the wall' could've even been titled 'Hearts on our sleeves' as that's what we've all shown in parts of this project. As well as having full freedom to just Create, have fun and rhyme, writing tracks such as 'water' and 'let go' really made us give the listener an insight to our minds, not as artists but just human beings.

'Paintings On The Wall' Came about after thinking about each individual track as a work of art, within that we explore the current and possible future struggles for all kinds of artists. Inspiration was quite easily drawn in from what we see around us and our own experiences as artists.

Loved putting the project together, hands down some of our best work to date!

- **Nay Loco**

At the beginning of 2020, as we all collectively witnessed significant changes and traumas in our lives, the idea of being creative or making music any time soon, seemed like a distant dream to me. However this project has proven just how valid art truly is. For its catharsis, its beauty and its ability to bring people together when that is what we needed the most. ❤️'

- **Louis Cypher**

The single, *Renaissance* will be released on Friday 4th Dec and the EP *Paintings On The Wall* will be released on the 29th January through INFL's *I'm Not From Brooklyn Records*.



Photo by [Paul W Dixon](#)

'In a time where we are seeing the world as we knew it change; one thing remains the same and that is our dedication to art, specifically the art of Hip-Hop. This project is dedicated to creatives everywhere to let them know that even when the powers that be want us to pack it up, we should keep adding colour to this grey looking world.'

Tracks like 'Pavement Cracks' touch on the importance of finding peace while dealing with the harsh realities, where a song like 'Anti-Gravity Suit' is an exploration of another world to get away from this mess. Each song is its own mural the more you take in, the more you take away from it.'

- Ty Healy

Be on the lookout for the collaboration with [Black Iris IPA](#), an exclusive Beer Can that features Ty, Louis & Nay's faces on them. The label recently made [Nottingham headlines with a hoax it pulled on the city](#) making out they had vandalised the recent Banksy piece in Nottingham provoking questions on not just the validity of famous street artists but also why such validity isn't extended to the thriving local artists that are established in cities such as Nottingham.



[Prelude to the “:Paintings On The Wall” experience by Emily Catherine & Faux Sala: Please listen and feel free to share!](#)

[Download the EP here!](#) (For your ears only, please do not publish or share this link)

[Secret soundcloud EP streaming link](#) (Please don't share)

[Photos available here:](#) [Credit: Paul W Dixon](#)

[Secret video link:](#) (For your eyes only):

Video officially released 28th November on producer [Faux Sala's Youtube](#).

[Pre-order Renaissance here!](#)

Release dates:

Renaissance (single) 4th December 2020

Paintings On The Wall (EP) - 29th January 2021

For label/press enquiries please contact: Will@imnotfromlondon.com
07982022537

www.localhealers.co.uk

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